

Library Student Advisory Board – Minutes from 10/18

Present: Jordan Humphrey, Jyoti Thapa, Madison Correiro, Heather Willis, Sarah Hayashi, Sheyonn Baker, Tristan Pointdexter, Summer Eary, Kolleen Rose, Rebecca Seipp, Maryke Barber.

I. *Whose Line Is It Anyway* game: (famous book edition); see Maryke if you'd like to borrow this for club meetings or other events.

II. FYS Write-Ins and NaNoWriMo: Rebecca asked whether we should have a NaNoWriMo event this year. In the past we've done a write-in; the answer was yes:

- Summer will help spread the word to Cyborg Griffin
- Preferred time: mid-way in the month: Weds. Nov. 15, 7-midnight.
- Snack ideas? Quiet ones, no Halloween candy. Cookies, apples or oranges, coffee.

FYS write-ins: yes please to these, yes also to help from the writing tutors and a librarian. Early in the month and after Thanksgiving Break: Nov. 7, Nov. 29. We'll try one Tuesday and see how attendance looks.

III. Contemplation, meditation and mindfulness on campus: Maryke asked whether people would be interested in seeing support for mindfulness in the library. Exam time was mentioned as a good time to focus on. We discussed:

- Massage signups, or massage chairs (as long as we're not directly competing with any offerings from Student Services; Maryke will look into this)
- Yoga classes
- A "Fidget box": spinners, stress balls, etc.
- Art activity: make meditative art, then post it
- Coloring
- Offering activities multiple times
- Making it family friendly: bring the kids, have coloring options, maybe even childcare: Brooke offered to ask the lifeguards about their availability and Jyoti suggested asking Sandusky.
- Jordan suggested offering guided meditation or related instruction. Maryke will run this by LeeRay Costa, who is a good resource for this topic also.

IV. Other suggestions

- Extend quiet hours
- Have whiteboards at the bookmobile for book suggestions
- Use the downstairs whiteboard for book suggestions